

Fall Maine Writing Retreat and Getaway for Women



**Friday to Monday
Oct. 1-4, 2010**



Where? Linekin Bay Resort, Boothbay Harbor, Maine

When? Friday-Monday, October 1-4, 2010

What does the Getaway offer? This Getaway provides the perfect combination of interesting women, opportunities to network, exploration of new and important concepts and the tools to move forward while enjoying a relaxing long weekend and experiencing the best of coastal Maine. We guarantee that you will leave with new friends, new ideas and perspectives, new business opportunities, and a renewed appreciation for the out of doors, coupled with lots of fun, food, and laughter. Join us to reflect, recharge and refocus!

In this Getaway we are collaborating with the Fall Writing Retreat hosted by the Maine Writers Alliance (www.mainewriters.org), which provides opportunities for participants to take writing workshops, have dedicated time for reflection and writing, meet authors and discuss their books.

There are four tracks for the workshops: the poet's toolbox; memoir writing; nuts and bolts of writing; and crime fiction!

Following the end of the Writing Retreat at lunchtime on Sunday, the Getaway for Women commences and continues until Monday afternoon. It will focus on the following topics:

- Are you in transition? Dealing with change in your personal and/or professional life and shifting from one chapter to the next?
- Are you making new choices and changes in the role of "work" in your life?
- What are you going to do with your time (when you finally have some)?

Broadly, Getaway Weekends are structured to balance substantive workshops and presentations, time to interact or relax, and outings to explore the area.

The Fall Writing Retreat and Getaway for Women Schedule (Tentative):

Friday, October 1

- 2:00–5:00 PM: Arrival and Registration
- 4:00-5:30 PM: Gathering of Getaway for Women Participants
- 5:30-6:30 PM: Cocktails and Kick Off of the Fall Writing Retreat
- 6:30-7:30 PM: Dinner
- 8:00-10:00 PM: Readings by Maine Authors

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Saturday, October 2

7:30-8:15 AM: Guided Nature Walk with Getaway for Women Participants
8:00-9:00 AM: Breakfast
9:00 AM-Noon: Writing Retreat Workshops or Free Time
12:00-1:00 PM: Lunch
1:15-4:15 PM: Writing Retreat Workshops or Free Time
4:30-5:45 PM Participant Readings
6:00-7:00 PM: Dinner
7:30 PM Readings by Maine Authors

Sunday, October 3

7:30-8:15 AM: Guided Nature Walk with Getaway for Women Participants
8:00-9:00 AM: Continental Breakfast
10:30 AM-12:00 PM: Writing Retreat Workshops
12:00 Noon Writing Retreat Ends
12:00-1:00 PM: Getaway for Women Kick-Off Lunch
1:00-5:00 PM: Getaway for Women Session. A chance to reflect, recharge and refocus via guided discussions and exercises.
6:00-9:00 PM Cocktails and Maine Lobster Feast (options for non-seafood eaters)

Monday, October 4

7:30-8:15 AM Guided Nature Walk
8:00-9:00 AM Breakfast
9:00- Noon Getaway for Women Session
12:00-2:00 PM Lunch and Closing Discussion
2:00 PM Departures

Extend your Getaway:

We encourage you to come early and to stay as long as you like; build this into a New England vacation.

Linekin Bay Resort offers many activities:

- Kayak and canoe
- Play tennis
- Play horseshoes, bocce ball, croquet, shuffle board, ping pong, and other games
- Kick back and take in the ocean views with a good book and/or a glass of wine
- Paint or take photographs

Boothbay Harbor Attractions: Here are just a few ideas for things to do in the Boothbay area:

- Practice yoga with Romee May: www.yogafirmstudio.com (additional fee)
- Enjoy a massage (additional fee)
- Hike very friendly coastal trails (21 of them within 20 minutes!); enjoy ocean views, woods and birds: www.bbrlt.org
- Take an ocean kayak tour: www.kayakboothbay.com
- Visit Coastal Maine Botanical Gardens: www.mainegardens.org
- Take a cruise on a schooner: www.sailschoonerlazyjack.com
- Explore the art galleries and shops of Boothbay Harbor, Damariscotta or Wiscasset: www.boothbayharbor.com and www.midcoastmaine.com

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Thank you for participating in the Fall Maine Writing Retreat and Getaway Weekend for Women!

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Mid Coast Maine Attractions: See www.visitmaine.com for suggestions. Here are a few ideas:

- Shop in Freeport, home of LL Bean and outlet stores galore: www.freeportusa.com
- Explore Portland's historic old port, world class restaurants, museums and neighborhoods: www.portlandmaine.com
- Visit local towns with boutiques, art galleries, etc.
- Take a day trip or spend a night on Monhegan Island, an artists' colony: www.monhegan.com

How to Register for the Fall Maine Writing Retreat and the Getaway for Women and Expenses:

Step 1. Register for the follow-on Getaway for Women with Susan Morris using the attached form or by visiting www.newheightgroup.com. The fee for the Getaway segment of the weekend is \$299 per person which includes the Sunday night Lobster Feast (options for non-seafood eaters) and Monday lunch as well as the Getaway program and materials. Payments become non-refundable on September 12th, three weeks prior to the weekend.

Step 2. Register for the Fall Writing Retreat using the form at www.mainewriters.org. The prices which include two nights' accommodation and 6 meals at Linekin Bay Resort from October 1-4 are:

- \$350 per single and \$325 per double without participation in a workshop
 - \$425 per single and \$375 per double including the faculty-facilitated workshops
- For full descriptions of the four workshops (poet's toolbox, memoir writing, nuts and bolts of writing and crime fiction), visit www.mainewriters.org.

Step 3. Reserve a room for Sunday, October 3 at Linekin Bay Resort by contacting the resort at www.LinekinBayResort.com or calling 207-633-2494 and stating that you are participating in the Getaway for Women. The special \$109 rate includes Sunday night's room and Monday's continental breakfast plus full use of the facilities. Consider staying at the resort additional days before or after the Getaway for Women at the same special rate.

Note: Alcoholic beverages are available, but are not included in the prices.

Getting to Boothbay Harbor, Maine:

- **Air:** There are 3 airports to consider:
Boston Logan: 3 ½ hours away. All major carriers.
Portland: 1 ½ hours away. American, Delta and USAir are major carriers.
Manchester, NH: 2 ½ hours away. Southwest Airlines hub.
- **Bus:** There is a fantastic 2 ½-hour bus service from Boston Logan Airport to Portland Bus Station. Enjoy music, movies, bottled water and pretzels! www.concordcoachlines.com
- **Train:** There is a great train service from downtown Boston to Portland. www.amtrakdowneaster.com
- **Car Rental/Car Pool Options:** Rent a car at an airport and/or car pool. There are also reasonably priced shuttle companies with service to Boothbay from Portland.

If you choose to drive, here are some approximate drive times:

Portland: 1 ½ hours	Washington, DC: 11 hours
Boston: 3 ½ hours	Toronto, Ontario: 12 hours
New York City: 7 hours	